



DR. LEVINE'S ULTIMATE WEIGHT LOSS FORMULA™

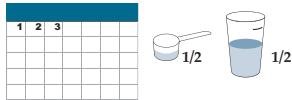
3 EASY STEPS!

- 1 Add water then fiber to shaker cup (see schedule below)
- 2 Secure lid and shake vigorously with both hands for 5 seconds.
- 3 Guzzle quickly in 30-90 seconds

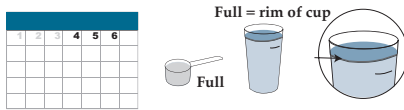
BREAK-IN SCHEDULE:

FOLLOW THIS SCHEDULE FOR **10** DAYS TO ALLOW YOUR BODY TO ADAPT TO THE FIBER.

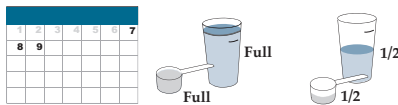
Day 1: 1/2 scoop fiber in 1/2 cup water for 3 days.



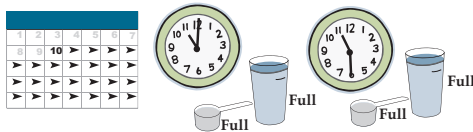
Day 4: 1 scoop fiber in full cup water for 3 days.



Day 7: Lunch or dinner: 1 scoop fiber in full cup water 1 hour before meal, and 1/2 scoop fiber in 1/2 cup water 30 minutes before that same meal for 3 days.



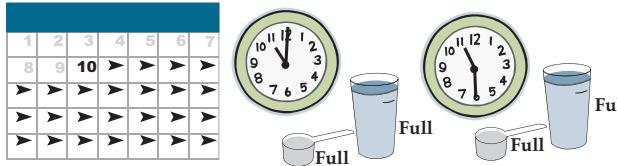
Day 10: Lunch or dinner: 1 scoop fiber in full cup water 1 hour before and a 2nd serving 30 minutes before that same meal everyday.



REGULAR SCHEDULE:

Follow step 4 from the break in schedule every day

Lunch or dinner: 1 scoop fiber in full cup water 1 hour before and a 2nd serving 30 minutes before that same meal everyday.



HINTS & TIPS:

- ALWAYS add water first!
- If hungry at anytime, take 1 scoop as a 0 calorie snack!
- Weight loss begins after day 19. Allow 2-4 weeks to measure your weight loss.
- For faster weight loss: take 2 scoops before lunch AND before dinner.
- Ensure you eat breakfast, it is your most important meal!

DR. SCOTT LEVINE IS BOARD CERTIFIED IN INTERNAL MEDICINE, ANTI-AGING, AND REGENERATIVE MEDICINE.

Dr. Levine's Ultimate Weight Loss Formula™ provides many benefits beyond reduction in weight. The U.S. Patent Office issued Dr. Levine's Ultimate Weight Loss Formula™ a patent for reducing weight, reducing risk of heart disease, and reducing the absorption of toxins in your diet. Thousands of people have lost weight taking this simple healthy beverage... you can too.



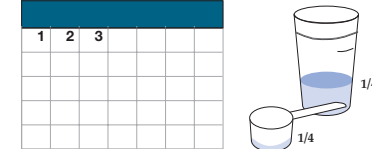
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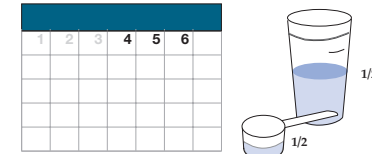
ALTERNATE SCHEDULE:

If you are having symptoms of gas, bloating, abdominal pain or loose or frequent stools, it is recommended that you switch to the Alternate Schedule below:

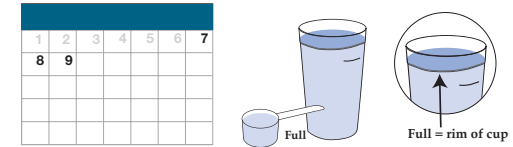
Day 1: 1/4 scoop fiber in 1/4 cup water for 3 days



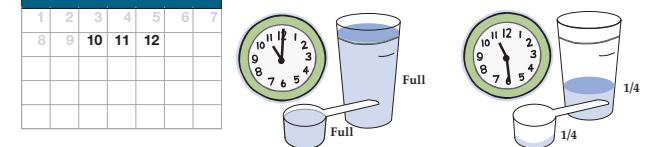
Day 2: 1/2 scoop fiber in 1/2 cup water for 3 days



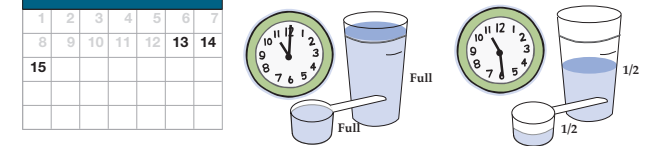
Day 3: 1 full scoop fiber in full cup water for 3 days



Day 4: 1 scoop prior to meal then 1/4 scoop 30 minutes prior to the same meal for 3 days



Day 5: 1 scoop prior to meal then 1/2 scoop 30 minutes prior to the same meal for 3 days



Day 6: 1 full scoop in one full cup of water one hour before Lunch or Dinner & 1 full scoop in full cup 30 minutes before that same meal...every day.



Dr. Scott Levine M.D.

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